



CONVERSATIONS TOOLKIT

Bended Virtual Learning to bring more courage, compassion and curiosity into your conversations.

Conversations that connect!

Our ability to form healthy working relationships that stand strong during complex and challenging times is critical, but not always easy.

Even with positive intent, giving feedback, raising touchy subjects or communicating unexpected change can still be challenging.

Being deliberate and mindful in the way we show up in these situations can help us build trust and credibility. These situations offer us a valuable opportunity to bring courage, curiosity and compassion into our relationships.

Soji's Virtual Conversation Toolkit is a set of flexible, modular resources that you can quickly deploy to a broad learner group.

Your custom toolkit can include video content, interactive webinars, downloadable templates and practical self-paced sprints to help embed lasting change.

We will work with you to design a kit that reflects your unique context and gives your people a way to continue their learning when and how they prefer.



SELF-PACED WORKBOOK

Downloadable worksheets guide participants through practical activities that bring the conversations principles to life.

VIDEO SERIES

Multi-part on-demand video series outlining the toolkit principles and how to leverage them in practice. Learners use the clips together with the worksheets to help them focus their attention and translate the ideas into action.

SKILL WEBINARS

Live 60 minute webinars that take groups of between 8 to 40 participants through an interactive and practical experience. Each webinar focuses on a set of conversation principles.

CONVERSATION PRINCIPLES

Here's an introduction to the seven principles that the toolkit is built around.

- **Check Your Motives** - Be deliberate in your preparation, check yourself for hidden bias' and clearly state what you want to achieve.
- **Get Curious** - Adopt a mindset of curious discovery and build understanding with less judgment.
- **Find Shared Intent** - Find a shared positive intent and then explore points of diversity in a positive and respectful way.
- **Be Present** - Engage mindfully and spot the early warning signs of a threat response.
- **Leave Space** - Leave silence to create connection and show respect and confidence.
- **Signpost Thinking** - Share your perspective, clarify context and build trust to enable a better dynamic to form.
- **Diffuse Tension** - Recognize tension, internally process what it means and then choose an appropriate way forward.

WEBINARS

Choose from our off-the-self catalogue of topics shown below or request a bespoke solution to fit your needs.

HOW TO TOPICS

- **Prepare for important conversations**
- **Show up and spark a dialogue**
- **Be present and create connection**
- **Coach and develop for potential**
- **Provide feedback for growth**

SESSION FEATURES

The sessions feature content based on the latest thinking and practice, interactive design, engaging facilitation, professional hosting and quality support resources.

SKILLS

WEBINARS



60
min



8 - 40
places



platform
agnostic
designs